

# Learning Styles Self-Discovery Workshop; Why Personal Style and Versatility Matter

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The Educational Resource Center's (ERC) Learning Styles Workshop is designed to introduce participants to the concept of identifying individual learning preferences for the purpose of customizing their study methodologies based on their assessment results and the information they acquire during this workshop. The session is framed around participants taking the VARK learning assessment tool in anticipation of the workshop. Participants may take the VARK at this website: <http://vark-learn.com/the-vark-questionnaire/>All attendees will participate in an activity whereby they will work in groups to explain a specific process using only one learning modality and then report on their experience to the larger group. The activity is designed to generate conversation about the value of utilizing multiple learning modalities in order to gain a richer understanding of the subject matter at hand.

## Mission, Review Process & Disclaimer

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